Regence

OREGON

Discover digital tools that make managing your health easier

Health care can be confusing. With a **regence.com** account and the Regence app, you get a personalized digital experience that's designed to make life easier.

All members age 13 and older are encouraged to create an account and enjoy the tools and resources available online.

Take a few minutes to create an account

1. Grab your member ID card
2. Go to **regence.com** and sign up
3. Explore all your health care tools and resources!

Tools that make it easy

Health care shouldn't be a headache. That's why we have easy-to-use tools to help you do the things you need to do—without the hassle. With your regence.com account, you can:

See your claims & care history
View a chronological list of your doctor visits, lab work, medication fills and more.

Stay on top of your coverage
Explore your benefits and see what's covered. Track your deductible and out-of-pocket maximum at a glance.

Find doctors & estimate costs
Quickly search for doctors, urgent care clinics and virtual care in your network and make informed choices.

Compare medications & save money
Look for lower-cost medications*, find in-network pharmacies and connect with a pharmacist.

View personalized insights
Get tips that help you optimize your benefits and save money.

Earn rewards for healthy activities
Complete healthy activities with the Regence Empower® well-being program and get rewarded.

Scan the QR code to create your account and explore all your tools at **regence.com**

We're here to help
Need support? Sign in to your regence.com account or open the app to chat live with someone from our Customer Service team. Or call the number on the back of your member ID card.

*Features and functionality may vary based on your insurance plan.

Regence

Regence BlueCross BlueShield of Oregon
is an Independent Licensee of the Blue Cross and Blue Shield Association

Regence BlueCross BlueShield of Oregon
200 SW Market Street, 11th Floor | Portland, OR 97201

REG-OR-730076-25/03-Flyer
© 2025 Regence BlueCross BlueShield of Oregon