Comprehensive health benefits you need.

With guidance and support every step of the way.



Understanding the benefits your employer is providing can help you save time and money when you or a family member needs care.

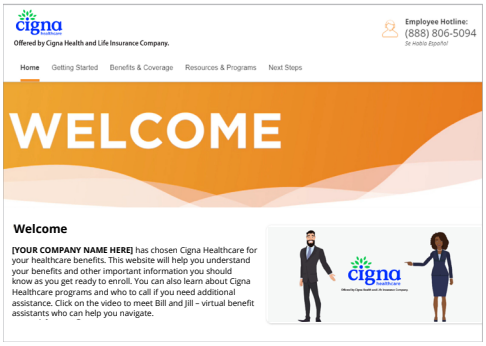
Good news – your employer has chosen Cigna Healthcare℠ to be your health plan partner, with medical, pharmacy and behavioral health benefits all in one plan. With Cigna Healthcare, you have access to resources to help ensure you get the right care at the right time and for the lowest cost under your plan.

To help you get the most out of your health plan, you'll first need to understand how to access all of the great resources available to you. That's where the Cigna Healthcare Virtual Benefits Education Website comes in.

The Virtual Benefits Education Website includes:

- Resources on getting the most from your plan, understanding your pharmacy benefits, and determining which virtual and digital care options you can access. This section also includes a handy dictionary to help you understand some of the most common health care terms.
- Details on the benefits and coverage including what it will cost you to receive care.
- Information on resources and programs Cigna Healthcare offers, including how to access our One Guide® concierge service.

- Informative videos
- Virtual assistants guide you through the website.
- Support anytime by calling Cigna Healthcare's toll-free line



Click here to visit Cigna's Virtual Benefit Education

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Product availability may vary by location and plan type and is subject to change. All group health insurance policies and health benefit plans contain exclusions and limitations. For costs and details of coverage, contact a Cigna Healthcare representative.

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